

2014 MSCPMP Circle News Special Interest Talk #4 **Composting and Kitchen Gardening**



Patiently waiting for makan



Sharing session by Ms. Tan



Food preparation



Volunteer Fern and Mrs Yeoh



Flourishing form which is also the source of our lunch



Rice served with fresh leaves & Ulam



Ms. Tan sharing on Slow Food art



Enjoying their FIRST time Ulam



Its refreshing to eat Ulam, my second serving. J.T

I have a lots of fun and learn a lot this time. This is "value". C.T

MSCPMP Circle Special Interest Talk #4 had an extraordinary luncheon session with Ms. Tan from CETDEM.

Upon arrival, we were amazed to find a greenery organic farm in the heart of Petaling Jaya. A garden filled with flourishing, edible leaves and vegetable.

Stepping into the house, a neatly lined up dining setting for our feasting. From seat to spoon, all done with its full detail. Ms Tan introduced the Slow Food concepts. It took much time for the volunteers, Fern and Mrs Yeoh to complete the preparation.

We were served with an freshly juicy Ulam where the leaves and spices were from the garden.

Then, the highlights of our lunch, organic rice served with fresh leaves, home make pickles, accompanied with a bowl of herbal soup, a glass of lemongrass drink AND best chilly padi.

We continued with an hour session talk on:

1. The history of CETDEM and it's effort in organic farming.
2. Conventional growth vegetables vs organic/home grown vegetables.
3. Types of vegetables suitable to be grown with minimal space.
4. Composting technique sharing

Photos contributed by: Chris Tan, Eddie Ng, Jun Tan

We thank you for CETDEM's effort in making this Special Interest Talk a success. Creating the awareness of importance of organic farming so that we will be more environmental conscious.

Upcoming events:

Pre-Conference

08/10 Managing Contract Closure

27/10 Managing Requirements

28/10 Main Conference & 10th Anniversary Celebration

Post-Conference

29-30/10 Managing Stakeholder Conflict

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